

Welcome to our Breakfast Cafe @

Haverhill Golden Hill Elem

October 2017


Monday

Tuesday

Wednesday

Thursday

Friday

2 WW Bagel Lite Cream Cheese Cinnamon Applesauce Sliced Peaches	3 Pancakes Syrup Tator Tots Strawberries Fresh Golden Delicious Apple	4 Rice Krispies Honey Graham Belly Bears 100% Juice Fruit Punch Pear	5 Red. Sugar Frosted Flakes Honey Graham Belly Bears Raisins Sliced Peaches	6 Egg and Cheese Sandwich Sliced Pears Raisins
9 Columbus Day No School	10 Waffles Syrup Cinnamon Applesauce Sliced Peaches	11 Plain Donut Sliced Peaches Fresh Orange	12 Honey Bun Diced Pears Fresh Orange	13 Scrambled Eggs with Cheese Toast Apple 100% Juice Fresh Banana
16 Blueberry Muffin Diced Peaches Fresh Empire Apple	17 French Toast Syrup Diced Pears Fresh Orange	18 Red. Sugar Froot Loops Honey Graham Belly Bears Apple Grape 100% Juice Fresh Golden Delicious Apple	19 Red. Sugar Cinnamon Toast Crunch Honey Graham Belly Bears Apple Cherry 100% Juice Fresh Banana	20 Ham and Egg Sandwich Fresh Fruit Cup Applesauce
23 Red. Sugar Cinnamon Toast Crunch Honey Graham Belly Bears 100% Juice Fruit Punch Pear	24 Pancakes & Sausage Syrup Sliced Peaches Fresh Golden Delicious Apple	25 Honey Bun Pineapple Tidbits Fresh Orange	26 Organic Yogurt Honey Graham Belly Bears Diced Peaches Fresh Red Grapes	27 Scrambled Eggs Toast Fresh Empire Apple 100% Orange Juice Blend
30 Cheerios Honey Graham Belly Bears Raisins Fresh Banana	31 Sausage, Egg and Cheese Sandwich Diced Peaches Fresh Orange	 <p>FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!</p>		

SIMPLY ROOTED™ in food and family

All of our products have zero trans-fats, unless they are naturally occurring. We are Simply Rooted™ in food and family and use ingredients that are locally sourced, all natural,

and organic or non-GMO, whenever possible.



Breakfast Prices

Regular: \$1.50

Reduced: \$0.30

Milk: 0.70

Please visit

www.myschoolbucks.com
for online payment options.

Available Daily

Whole grain bagels w/ low fat cream cheese or jelly

Assorted Yogurt

Assorted Muffins: blueberry or Apple Cinnamon

Assorted Cereals w/ honey graham belly bears

All served with fat free or low fat milk, assorted juices and fresh fruits.

The Haverhill Public Schools is an EEO Employer