





Welcome to our Breakfast Cafe @

Haverhill Elementary Schools

January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 Rice Krispies Honey Graham Belly Bears Apple 100% Juice Fresh Pear	3 Pancakes Syrup Tator Tots Strawberry Cup Fresh Golden Delicious Apple	4 Red. Sugar Frosted Flakes Honey Graham Belly Bears Raisins Sliced Peaches	5 Egg and Cheese Sandwich Sliced Pears Raisins
8 WW Bagel Lite Cream Cheese Diced Pears Fresh Golden Delicious Apple	9 Waffles Syrup Cinnamon Applesauce Sliced Peaches	10 Plain Donut Sliced Peaches Fresh Orange	11 Honey Bun Diced Pears Apple Slices	12 Scrambled Eggs with Cheese Toast Apple 100% Juice Fresh Banana
15 	16 French Toast Syrup Diced Pears Fresh Orange	17 Red. Sugar Froot Loops Honey Graham Belly Bears Apple Grape 100% Juice Fresh Golden Delicious Apple	18 Red. Sugar Cinnamon Toast Crunch Honey Graham Belly Bears Diced Peaches Fresh Banana	19 Ham and Egg Sandwich Sliced Pears Apple Slices
22 Red. Sugar Cinnamon Toast Crunch Honey Graham Belly Bears 100% Juice Fruit Punch Fresh Pear	23 Pancakes & Sausage Syrup Sliced Peaches Fresh Golden Delicious Apple	24 Honey Bun Pineapple Tidbits Fresh Orange	25 Organic Yogurt Honey Graham Belly Bears Diced Peaches Fresh Grapes	26 Scrambled Eggs Toast Strawberry Cup Fresh Empire Apple
29 Cheerios Honey Graham Belly Bears Raisins Fresh Banana	30 Sausage, Egg and Cheese Sandwich Diced Peaches Fresh Orange	31 Red. Sugar Frosted Flakes Honey Graham Belly Bears Raisins Sliced Peaches	  <p> VEGETARIAN MADE WITH ORGANIC INGREDIENTS MADE WITH ALL NATURAL INGREDIENTS PORK VEGAN</p>	

SIMPLY ROOTED™ in food and family

All of our entrées are made with lean meats, low-fat cheeses, and whole grain products. This is because we are Simply Rooted™ in food and family and we care about what we serve



to our young customers. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



Breakfast Prices

Regular: \$1.50

Reduced: \$0.30

Milk: 0.70

Please visit www.myschoolbucks.com for online payment options.

Available Daily

Whole grain bagels w/ low fat cream cheese or jelly

Assorted Yogurt

Assorted Muffins: blueberry or Apple Cinnamon

Assorted Cereals w/ honey graham belly bears

All served with fat free or low fat milk, assorted juices and fresh fruits.

The Haverhill Public Schools is an EEO Employer

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.