

Welcome to our Breakfast Cafe @

Haverhill Elementary Schools

April 2018

Monday

Tuesday

Wednesday

Thursday

Friday

2 Organic Yogurt 🌱 Whole Grain Honey Graham Crackers Diced Peaches Fresh Pear	3 Pancakes & Sausage Syrup Diced Pear Cup Fresh Orange	4 Blueberry Muffin 🌱 Mixed Fruit Fresh Pear	5 Red. Sugar Frosted Flakes 🌱 Whole Grain Honey Graham Crackers Sliced Peaches Fresh Orange	6 Egg and Cheese Sandwich 🌱 Sliced Pears Fresh Apple
9 WW Bagel 🌱 Lite Cream Cheese Diced Pear Cup Fresh Golden Delicious Apple	10 Waffles with Sausage 🍷 Syrup Cinnamon Applesauce Fresh Orange	11 Plain Donut 🌱 Sliced Peaches Fresh Empire Apple	12 Honey Bun 🌱 Mixed Fruit Fresh Pear	13 Scrambled Eggs with Cheese Toast 🌱 Diced Peaches Apple Slices
16 School Vacation	17	18	19	20
23 Reduced Sugar Cinnamon Toast Crunch 🌱 Whole Grain Honey Graham Crackers 100% Juice Fruit Punch Fresh Golden Delicious Apple	24 Pancakes & Sausage Syrup Sliced Peaches Fresh Orange	25 Honey Bun 🌱 Pineapple Cup Apple Slices	26 Organic Yogurt 🌱 Whole Grain Honey Graham Crackers Diced Peaches Fresh Pear	27 Scrambled Eggs Toast 🌱 Strawberry Cup Fresh Empire Apple
30 Cheerios 🌱 Whole Grain Honey Graham Crackers Mixed Fruit Fresh Banana	 <p>FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST</p> <p>🌱 VEGETARIAN 🌱 MADE WITH ORGANIC INGREDIENTS 🌱 MADE WITH ALL NATURAL INGREDIENTS 🍷 PORK 🌱 VEGAN</p> 			

SIMPLY ROOTED™ in food and family

We offer yogurt that is 100% all-natural or organic. Also, our hummus is organic and tahini-free. This is because we are Simply Rooted™ in food and family and we care about



our young customers. Our ingredients are locally sourced all natural, and organic or non-GMO, whenever possible.



Breakfast Prices

Regular: \$1.50

Reduced: \$0.30

Milk: 0.70

Please visit
www.myschoolbucks.com
for online payment
options.

Available Daily

Whole grain bagels w/ low fat cream cheese or jelly

Assorted Yogurt

Assorted Muffins: blueberry or Apple Cinnamon

Assorted Cereals w/ honey graham belly bears

All served with fat free or low fat milk, assorted juices and fresh fruits.

The Haverhill Public Schools is an EEO Employer

If you have any questions or would like additional information regarding this menu, please contact the school nutrition department.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.