

Welcome to our Breakfast Cafe at...

Haverhill Elementary Schools

December 2018

Monday

Tuesday

Wednesday

Thursday

Friday



3 Red. Sugar Cocoa Puffs ✓
Whole Grain Honey Bear
Graham Crackers
Diced Pear Cup
Fresh Banana

4 Sausage, Egg and Cheese Sandwich P
100% Orange Juice Blend
Fresh Golden Delicious Apple

5 Reduced Sugar Cinnamon Toast Crunch ✓
Whole Grain Honey Bear
Graham Crackers
Diced Peaches
Fresh Empire Apple

6 Honey Bun ✓
Diced Pear Cup
Fresh Orange

7 Scrambled Eggs with Cheese Toast ✓
Mixed Fruit
Fresh Pear

10 WW Bagel ✓
Lite Cream Cheese
Diced Peaches
Fresh Orange

FUEL

11 Whole Grain Waffles with Sausage P
Syrup
Diced Pear Cup
Fresh Empire Apple

12 Whole Grain Blueberry Muffin ✓
Mixed Fruit
Fresh Pear

13 Cheerios ✓
Whole Grain Honey Bear
Graham Crackers
Apple Grape 100% Juice
Fresh Golden Delicious Apple

14 Ham, Egg and Cheese Sandwich P
Diced Peaches
Fresh Orange

17 Rice Krispies ✓
Whole Grain Honey Bear
Graham Crackers
Sliced Pears
Fresh Apple

18 Scrambled Eggs Toast ✓
Diced Peaches
Fresh Pear

19 Fruity Granola Parfait ✓

Diced Pear Cup
Fresh Empire Apple
100% Juice Fruit Punch

20 Whole Grain Apple Cinnamon Crumb Muffin ✓
Diced Peach Cup
Fresh Banana

21 Whole Grain French Toast Slices ✓
Syrup
Mixed Fruit
Fresh Orange

FUEL

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HOLIDAY JOY

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HOLIDAY JOY

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HOLIDAY JOY

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BE A STAR with School Breakfast

**FUEL YOUR DAY THE RIGHT WAY.
EAT A HEALTHY BREAKFAST!**



We are Simply Rooted™ in food and family so our menu options are healthy, nutritious, flavorful, and made from wholesome, all natural, organic and non-GMO ingredients, whenever possible. Check us out at www.Whitsons.com or scan the QR code.



Breakfast Prices

Regular: \$1.50

Reduced: \$0.30

Milk: \$0.70

For online payments please visit
www.myschoolbucks.com

Available Daily

Whole grain bagels w/ low fat cream cheese
Assorted Yogurt

Assorted Muffins: Blueberry or Apple Crumb

Assorted Cereals: Cinnamon Toast Crunch,
Golden Grahams, Rice Krispies

All served with choice of fat free or low fat milk,
assorted juices and fresh fruits



MADE WITH NATURAL INGREDIENTS



PORK



MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.