

Welcome to our Lunch Cafe @

Haverhill Elementary Schools

April 2018


Monday

Tuesday

Wednesday

Thursday

Friday

<p>2 Cheeseburger Sweet Potato Fries Mixed Vegetables Apple Slices Mixed Fruit</p>	<p>3 Turkey Hot Dog on Bun Baked Beans Carrot Sticks Applesauce Fresh Orange</p>	<p>4 Roasted Turkey with Gravy Fluffy Mashed Potatoes Steamed Broccoli Whole Wheat Dinner Roll Sliced Peaches Fresh Empire Apple</p>	<p>5 Meatball Hero Green Beans Broccoli Bites Diced Pear Cup Fresh Golden Delicious Apple</p>	<p>6 Cheese Pizza Garden Salad Cucumber Coins Sliced Pears Fresh Orange</p>
<p>9 Chicken Nuggets Whole Wheat Dinner Roll Sweet Potato Fries Sweet Corn Strawberries Fresh Empire Apple</p>	<p>10 Soft Tacos Salsa Baked Beans Mixed Fruit Apple Slices</p>	<p>11 Turkey & Cheese Sandwich Or Ham & Cheese Sandwich Crispy Tator Tots Strawberry Cup Fresh Apple Sub Day!!</p>	<p>12 Fluffy Waffles Syrup Turkey Sausage Patty Cinnamon Apple Slices Sliced Peaches Fresh Golden Delicious Apple BRUNCH FOR LUNCH TODAY!</p>	<p>13 Cheese Pizza Baby Carrots Side Garden Salad Applesauce Fresh Banana</p>
<p>School Vacation</p>				
<p>23 Crispy Popcorn Chicken BBQ Sauce Whole Wheat Dinner Roll Sweet Potato Fries Corn Diced Peaches Fresh Pear</p>	<p>24 Nachos Grande Salsa Baked Beans Baby Carrots Cinnamon Applesauce Fresh Orange</p>	<p>25 French Toast Slices Turkey Sausage Patty Syrup Crispy Tator Tots Celery Sliced Peaches Fresh Golden Delicious Apple BRUNCH FOR LUNCH TODAY!</p>	<p>26 Cheeseburger Baked Potato Wedges Steamed Broccoli Applesauce Fresh Banana</p>	<p>27 Cheese Pizza Garden Salad Cucumber Coins Sliced Pears Fresh Orange Lucky Tray!</p>
<p>30 Chicken Nugget & Mozzarella Stick Combo Whole Wheat Dinner Roll Crispy Tator Tots Cucumber Coins Diced Pear Cup Fresh Orange</p>	<div style="background-color: #4CAF50; color: white; padding: 10px; text-align: center;"> <p>WHITSON'S School Nutrition <i>We proudly support clean, organic, local and sustainable agriculture.</i></p> <p>HARVEST of the MONTH</p> <p> 🌱 VEGETARIAN 🌿 MADE WITH ORGANIC INGREDIENTS 🌱 MADE WITH ALL NATURAL INGREDIENTS 🐷 PORK 🌱 VEGAN </p> </div> 			

SIMPLY ROOTED™ in food and family

We offer yogurt that is 100% all-natural or organic. Also, our hummus is organic and tahini-free. This is because we are Simply Rooted™ in food and family and we care about



our young customers. Our ingredients are locally sourced all natural, and organic or non-GMO, whenever possible.



Lunch Prices:

Paid Students \$3.00
Reduced Students \$4.00
Sacred Heart Paid \$3.10
Adult Meal \$4.40

Manage your child's meal account online:
www.myschoolbucks.com

The Haverhill Public Schools i:

Lunch Includes:

Skim Milk, 1% or Fat Free Chocolate
Seasonal Fresh Fruit & Assorted Fruit Cups

Available Daily:

Assorted Daily Sandwich on WW Bread, your choice of Turkey, Ham, Tuna Fish with LF American Cheese

Bagel Fun Lunch:

Whole Wheat Bagel, Cheese & Low Fat Yogurt

Healthy Choice Salad:

Fresh Garden Salad w/ Cheese, WW Dinner Roll and LF Dressing

If you have any questions regarding the menu please contact